

# *Beauty*

by Judith

Call Judith on 07814 383324



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Here my aim is to create a world of tranquillity and calm. My priority is to provide a friendly yet professional service where all your beauty needs are met and satisfied – combining experience, knowledge and the power of touch to escape the stresses of everyday life and achieve the results you desire.

So come along and let me put a little tranquillity into your life.

You deserve it!

Judith



### **Revitalising Facial** £45.00

A peaceful and pampering facial which is enriched with massage, including a hand, arm and scalp massage. This facial is designed to calm and relax, helping to restore radiance, leaving a lasting glow.

### **Revitalising Plus Facial** £52.00

All the benefits of a revitalising facial with the addition of a relaxing back massage.

### **Calming Cocoon Aroma Face and Scalp Treatment** £40.00

A specialised form of facial massage using hand blended essential oils. It will help relieve a stressed body & mind.

### **Hopi Ear Candles** £25.00

These ear candles help draw any impurities to the surface where they can gently be removed. They induce a revitalising heat upon the head and ears, which soothes, relieves and relaxes.

### **Makeover** £30.00

Professional application and advice for any occasion. Includes pre-makeup facial.

### **Wedding Makeup**

Relax and enjoy your special day. Turn your dream wedding into enchanting reality with my professional wedding makeup service. Ideally 6 months prior you should start having regular monthly facials. I will help you look your best for the most important day of your life!

Trial and makeup in the salon £70.00  
Trial and makeup in the comfort of your own home (Depending on distance) £85.00

### **GUINOT FACIAL TREATMENTS**

Guinot Facials are the most advanced beauty treatments for maintaining a balanced, healthy complexion. All Guinot facials are modified to suit individual skin types and are only available from qualified beauty therapists who have been thoroughly trained – therefore you will receive an excellent treatment.

### **Hydradermie** £45.00

A superior facial with an international reputation. An exceptional treatment for radiant skin, designed to restore your skin's natural beauty – deeply cleanse, oxygenate, regenerate and tone. A monthly Hydradermie will continue to improve skin quality, reduce wrinkle depth and minimise fine lines. It is the most effective deep-cleansing treatment for your face.

### **HydraPlus** £59.00

A deluxe 3-in-1 facial with the added benefits of toning and firming serums. This treatment focuses on the face, eye, neck and décolleté area and incorporates a luxurious serenity massage.

### **Hydradermie Eye Treatment** £35.00

Concentrated non-surgical, anti-aging treatment for the eyes, reducing signs of aging, fatigue and puffiness.

### **Hydradermie Back Treatment** £40.00

A deep cleansing treatment for a blemish free back whilst gently easing the strain from tense muscles.



### **Liftosome Facial**

£49.00

The perfect treatment to mark a special occasion. Developed for more mature skins this vitamin C based facial will stimulate and improve the skins elasticity and cellular regeneration.

For long term results a course of 2 treatments over 2 consecutive weeks

£90.00

### **Aromatic Facial**

£40.00

A holistic facial based on the use of essential oils & plant extracts. Helps to re-hydrate, adds radiance & revitalises the skin.

### **Beaute Neuve**

£46.00

This is all about extreme renewal to improve your complexion. It is ideal for sun damage, acne, scarring, coarse texture and discolouration. Your skin will appear more luminous, smoother and ever more youthful.

Course of 3 treatments

£125.00

### **EYE SENSATIONS**

Eyebrow shaping £10.00

Eyebrow shaping during facial £9.00

Eyelash tinting £12.00

Eyebrow tinting £10.00

Lash & brow tint £18.00

### **BLEACHING**

Upper lip £10.00

Chin £9.00

Upper lip & Chin £12.00

Forearm £12.00

Full arm £17.00

### **BODY TREATMENTS**

#### **Hot Stone Massage**

A truly relaxing experience using hot stones on different parts of the body giving a deep massage & creating a sense of warmth & comfort.

Back, Neck & Shoulder £30.00

Full Body £50.00

**Back, Neck & Shoulder Massage** £25.00

Men £28.00

A relaxing treatment which helps ease away tension and relieve back pain.

**Swedish Full Body Massage** £42.00

Men £45.00

A harmonising body massage. Helps to ease away muscular tension and stress whilst promoting a general feeling of well-being. From the soles of your feet to the top of your body, this massage will leave you feeling restored.

**Aromatherapy Massage** £60.00

Working on pressure points to relax the mind & body. A therapeutic healing head to toe massage using essential oils which helps relieve day to day stresses. It's calming, soothing & can be an uplifting experience.

**Aromatherapy Back Treatment** £30.00

A soothing light back treatment which combines pressure point massage with essential oils to completely relax and restore.

**Blissful Back** £30.00

A truly relaxing back treatment which incorporates a back exfoliation and brushing followed by a blissful back massage.

**Exfoliating Back Treatment** £20.00

Designed to freshen, invigorate and



deeply cleanse. The back is exfoliated and invigorating body lotion is applied.

### **Sports Massage** £40.00

Sports massage is a very deep massage. It is ideal for injuries, chronic pain or restricted movement. Sports massage, if applied skilfully, can be the most effective therapy for releasing muscle tension and restoring balance to the muscular-skeletal system.

### **Course of 4** £150.00

### **Pregnancy Pampering Treatment** £55.00

A purely relaxing and soothing treatment for mums-to-be for the face and body.

### **Perfect Polish Head to**

### **Toe Exfoliation** £30.00

This deep cleansing treatment will result in eliminating dead skin cells and other impurities. Natural salts will stimulate and oxygenate the skin leaving the surface vibrant and silky soft. A light massage using body cream will nourish you smooth and glowing skin.

### **Blissfully Bare Head to**

### **Toe Pampering** £51.00

Take time out to have it all..... top to toe exfoliation to uncover healthy, glowing looking skin plus a relaxing and energising full body massage using delightful Guinot products. This is sure to re-charge, re-balance and revitalise you.

### **ST TROPEZ TAN**

Indulge yourself with the richest looking tan in the most luxurious way but without the harmful effects of the sun. Perfect to brighten a winter complexion, for pre-holiday preparation or to keep already tanned skin looking fresh, golden and glowing.

### **Application** £30.00

### **WAXING**

Offering a professional, hygienic and thorough waxing service.

Waxing is a quick and easy method of hair removal. Frequent waxing can result in instant, hair free results for 6 – 8 weeks, depending on the individual's hair growth.

Full leg wax	£29.00
Half leg wax	£17.00
Top half leg wax	£20.00
3/4 leg wax	£23.00
Bikini line wax	£10.00
Underarm wax	£10.00
Upper lip wax	£8.00
Chin wax	£7.00
Upper lip & Chin wax	£10.00
Eyebrow wax	£10.00
Forearm wax	£12.00
Full arm wax	£18.00
Back Wax	£22.00
Male eyebrow tidy	£8.00

### **ELECTROLYSIS**

The original permanent method of hair removal known in the beauty world.

10 minutes	£12.00
15 minutes	£14.00
20 minutes	£16.00
30 minutes	£18.00



## SPOTLIGHT ON HANDS AND FEET

### Jessica Prescriptive Manicure

A treatment manicure which treats and conditions the nails. The cuticles are cared for with oils and creams, the nail shape is perfected and treatment basecoats and colour are applied for the perfect finish until your next visit.

Colour Polish	£22.00
French Polish	£24.00

### Deluxe Jessica Manicure with mitts

£26.00

A more intense manicure featuring warm mitts for deeper penetration of oils and creams. Ideal for dry hands and improves circulation and softens stiff joints.

### Le Remedi Luxury Hand & Nail Treatment

£30.00

A luxury and effective hand treatment. Hands will feel softer, smoother, firmer and more attractive...the ultimate in hand care!

### Zen Spa Deluxe Pedicure

£32.00

#### Men

£25.00

Blissful comfort and soothing for your feet – a luxurious foot and leg treatment which includes removal of hard skin, nail treatment and a herbal based foot masque leaving the feet feeling wonderfully soft and smooth... the ultimate pedicure. NOTE: Please bring strappy shoes or flip-flops for pedicures.

### Callus Peel for feet

£32.00

A 4 step system including a skin softening patch which is wrapped around the area to be treated to soften and moisturise the feet. You can see the difference right away!

Heels & soles	£30.00
One area only	£22.00

### Deluxe file and Varnish on feet

£25.00

Callus peel treatment followed by a file and varnish for the feet.

### Ultimate Pedicure

£45.00

Zen Spa Deluxe Pedicure with the added bonus of the amazing Callus Peel. Leaves your feet feeling wonderfully soft and smooth!

### Man-ly Manicure

£18.00

A male manicure which includes a tidy-up of the nails and cuticles and nourishment given for the hands.

### CND Shellac Nails

The original power polish with incomparable high gloss shine and extended 14 day wear.

Shellac Polish	£15.00
Soak off	£5.00
Shellac Manicure	£25.00

### BIO SCULPTURE

'The perfect solution for beautiful nails'

### Gel Overlays

£28.00

A gel overcoat on your natural nails. Will last up to 3 weeks and will help strengthen and condition with no damage to your natural nails. Ideal to help nails grow or for those with busy lifestyles..... your nails will look perfect always!

## PAMPER PACKAGES

Spoil yourself or someone special to a "Pamper Package" designed to relax.

### RELAX & GO

Back, neck and shoulder massage  
Revitalising Facial  
Approx 1 hr 30 mins

£65.00

### PURE CHILLOUT

Blissful Back  
Revitalising Facial  
Prescriptive Manicure or Deluxe Zen Spa Pedicure

with manicure £90.00  
with pedicure £100.00  
Approx 2hr 45 mins

### PERFECT PAMPER

Calming Cocoon Aroma Face & Scalp Treatment  
Blissfully Bare Head to Toe Pampering  
Le Remedi Hand & Nail Treatment  
Deluxe Zen Spa Pedicure  
Approx 4hrs

£150.00

### PRE-WEDDING DAY

Choose any treatments of your choice and receive a 10% discount for over £100 spent.



# *Client information*

When booking a treatment please inform me of any medical condition, back problems, known allergy or if you are pregnant.

Avoid having hot baths, swimming, heat treatments, sunbathing or sun bed treatments 24 hours after waxing.

If you are booking a lash or brow tint and have never had one before, please let me know so that I can carry out a patch test.

## **Pre-treatment and aftercare advice for St Tropez**

- Shower prior to tanning and do not apply deodorant or body lotion
- Exfoliate the day before
- Do not use any other self-tanning products for at least 4 days
- Waxing or shaving should be done 24 hours prior to treatment
- Loose dark clothing should be worn
- Do not bathe or shower at least 8 hours after treatment
- Do not take part in any activity which may cause perspiration for at least 12 hours
- Swimming – It is advisable not to swim for 24 hours after treatment

## **Cancellation Policy**

- Non-arrival for any treatment for whatever reason – the full treatment cost will be charged
- If an appointment is cancelled with less than 12 hours notice – 50% of the treatment cost will be charged
- Late arrival may cause an appointment to be shortened or cancelled
- A cancellation service is available via my answer phone

**A 50% deposit is required for treatment lasting 2 hours or over at the time of booking.**

**Payment made by credit or debit card may incur a small charge.**

**Payment method – Cash, Cheque or Card.**

## **Gift Vouchers**

Gift vouchers are the perfect present and can even be ordered and paid for over the phone. Vouchers are valid for 3 months and are non-refundable.





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